

Cornell Cooperative Extension Human Ecology

2025 Schedule

MONDAY, AUGUST 11

- 1pm-3pm **Energy Talks**- NYSERDA- Smart Energy Hub
3pm-5pm **Freezer meals Demonstration**- Eat Smart NY and EFNEP
ALL DAY ***Saving Money in Many Different Ways*** – Human Ecology Programs
ALL DAY ***The Power House Energy Efficient Tiny Home Display***- NYSERDA
ALL DAY ***Infused water and nutritional snacks*** - Office of the Aging SNAP-Ed

TUESDAY, AUGUST 12

- 1pm-3pm **Energy Talks**- NYSERDA Smart Energy Hub
3pm-5pm **Cooking with Kids** demonstration Eat Smart New York and EFNEP
ALL DAY ***Saving Money in Many Different Ways*** – Human Ecology Programs
ALL DAY ***The Power House Energy Efficient Tiny Home Display*** NYSERDA
ALL DAY ***Infused water and nutritional snacks*** - Office of the Aging SNAP-Ed

WEDNESDAY, AUGUST 13

- 1pm-3pm **Sewing Demonstration** – Hipstitch Megan Avery
3pm-5pm **One pot meals demonstration** Eat Smart New York and EFNEP
ALL DAY ***Saving Money in Many Different Ways*** – Human Ecology Programs
ALL DAY ***The Power House Energy Efficient Tiny Home Display*** NYSERDA
ALL DAY ***Infused water and nutritional snacks*** - Office of the Aging SNAP-Ed

THURSDAY, AUGUST 14

- 1pm-3pm **Energy Talks**- NYSERDA Smart Energy Hub
3pm-5pm **Restaurant recreation demonstration** Eat Smart New York and EFNEP
ALL DAY ***Saving Money in Many Different Ways***- Human Ecology Programs
ALL DAY ***The Power House Energy Efficient Tiny Home Display*** NYSERDA
ALL DAY ***Infused water and nutritional snacks*** - Office of the Aging SNAP-Ed

FRIDAY, AUGUST 15

- 1pm-3pm **Energy Talks**- NYSERDA Smart Energy Hub
3pm-5pm **Cooking with Kids** Eat Smart New York and EFNEP
ALL DAY ***Saving Money in Many Different Ways*** – Human Ecology Programs
ALL DAY ***The Power House Energy Efficient Tiny Home Display*** NYSERDA
ALL DAY ***Infused water and nutritional snacks*** - Office of the Aging SNAP-Ed

SATURDAY, AUGUST 16

- 1pm-3pm **Quilting Demonstration** – Polly DellaCrosse (**pending**)
3pm-5pm **Make your own workshop** Eat Smart New York and EFNEP
ALL DAY ***Saving Money in Many Different Ways*** – Human Ecology Programs
ALL DAY ***The Power House Energy Efficient Tiny Home Display*** NYSERDA
ALL DAY ***Infused water and nutritional snacks*** - Office of the Aging SNAP-Ed